

STOGURSEY NEWS



HS

The Orchard flock of Kerry Hill Sheep

June 2020

Editorial

We welcome all our readers to the June edition of Stogursey News.

To misquote Charles Dickens, "It is the worst of times and the best of times"

We may not have a diary of events page just now. However the magazine is full of activities and "virtual" events that have taken place during the past month as well as some suggestions for more for this month too.

Those of us lucky enough to have gardens at this time are invited to celebrate the increased attention that many have been given by sending photos to Stogursey Arts, while those of us who are comparatively new to gardening may be fascinated by the article about companion planting.

The contribution from the school makes the lockdown sound really positive. Teachers and parents must have worked so hard to make it successful.

It was fascinating to look back at how the village marked VE Day 25 years ago, and link it to what took place this year. This year has given many of us more of a sense of what it must have been like to live through six years of war, so let's hope when the pandemic is under control we will also be able to celebrate as joyfully as our families and their friends did in 1945.

We wish all our readers good health. Stay safe and enjoy the lovely sunshine.

Editorial Team

Stogursey-Online.uk

This is the parish website. It hosts pages for events, societies, community links and Parish Council news.

You can post local upcoming events on the parish website www.stogursey-online.uk

Stogursey News is posted every month on the website - useful if the delivery of your paper copy is delayed.

Stogursey News

This is an independent voluntary initiative. It is printed free of charge as a contribution to the community by Hinkley Point B (EdF).

The News offers an extra page monthly for the use of Hinkley Point C (EdF) to keep local residents well-informed.

**Deadline for JULY contributions:
10.00 am Monday 15th June 2020**

How to contribute to Stogursey News:

a) by email:

- * Prepare your contribution as a 'word' document.
- * Attach it to an email.
- * Send it to stogurseynews@hotmail.co.uk

b) by hand:

- * Write or type your contribution.
- * Put it into the 'Stogursey News' box in the Post Office.

A few points to remember:

- Submit your contribution by the deadline date.
- Keep within the 500-word limit.
- Provide your contact details so that we can get in touch if we need to edit.
(Stogursey News Team reserves the right to edit contributions for length and layout.)
- Send your contribution each and every month you would like it published.
- Your illustrations must be copyright free.
(Stogursey News will not be liable for costs resulting from prosecution if this condition is ignored.)

We look forward to receiving your contributions.
Thank you

Distributors

The magazine is distributed to every household in the parish by a team of magnificent volunteers. We are most grateful to our distributors:

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Janet Mitchell	and others who wish to remain anonymous.
Joy Burt	

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LOCKDOWN THANKS

Thanks, Fiona, for your delicious cake surprises every week while you were off work.

Thank you, Helga, for seeds when needed during lockdown.

Thank you Allen & Deb, Vijay & Sutha, and all who work in the shops.

Many thanks to those who provided the pots and compost, germinated the seeds and delivered a small sunflower plant to every pupil at Stogursey School.

Many thanks to parents and carers, who in very difficult circumstances are now home-schooling their children. You are all stars.

Thank you to the person who strimmed the footpath alongside Stogursey Brook from Newnham towards Stogursey.

With less traffic it is tempting to drive fast. Thank you to those drivers who slow down when passing walkers on our lanes.

VICTORY HALL LOTTERY

APRIL 2020 DRAW

1 st Prize	£25.00	Pete Cross	104
2 nd Prize	£15.00	Heather Hallett	21
3 rd Prize	£10.00	Sylvia Shaw	128

FREE MUGA use of Tennis net

Have you seen the new Victory Hall from the North?

Well its worth a walk all around, and while passing the Multi-sports area you might notice the TENNIS COURT NET has been left in position, available for everyone to use in their exercise slot, hopefully to try hitting tennis balls over, to a 2 metre+ distant opponent. It's easier that way, although you can also practice alone, against the wooden backwall! Don't recommend practising high jump, as the gravel landing could be painful, and please don't kick footballs hard at it - the wooden Goal back-boards are much better for that.

The court access gate is reached between the north builders' fence and the court fence, so probably the closest players need pass, so easy to manage the 2 metres apart. You would need your own racket and balls and no-studded footwear, but if you would like advice, or, loan of equipment, then please contact me, John Nicholson, 732711, jfnicholson@talktalk.net.

As Chairman of the local tennis club, we hope this **FREE ACCESS** will encourage all standards to give it a try, and maybe when this Covid-19 restraint is relaxed, more Club activity can be resumed, like the Friday morning doubles, evening, or, Sunday play. Improve your mental health by releasing some endorphins and pent-up frustrations by beating a ball over the net, as part of your exercise regime, in the fresh air with the back-drop of the lovely views to the Quantocks.

The Big Noise in Social Isolation!

The Big Noise Street Band has not been able to make a big noise on the streets of Somerset recently, so we have been doing it on-line instead.

We have put out two new videos on our Facebook page, 'The Big Noise Street Band', or find us on YouTube. (Great on a Smart-tv with the bass turned up!)

The first track is a cover of Kraftwerk's piece, 'The Model'. Our post production team had just finished the final edit when we heard of the death of Kraftwerk's founding member, Florian Schneider; we like to think of it as a tribute to him.

Then we have 'Crack House' which is more up-beat and funky.

We are working on a Howard Jones number now. (We have checked with Howard himself that he's ok with this - he lives in Somerset - and he's really cool with our doing a bit of a different cover version!)

Please have a listen to these videos and also our 'Welcome' video on our Facebook page, featuring 3 tracks: 'Snowball', 'Jesus on the Mainline' and 'Mandela.'

The ethos of the band is to enjoy making music together and to take that music out onto the streets and to local events in Somerset and surrounding counties. This on-line collaboration does not replace the interaction and friendship we share when we get together - and which we hope is reflected in our music - but we've had a lot of fun doing this. What's more we've certainly learnt some new skills in the process!

If you play an instrument and would like to join us, contact us through our Facebook page, or give Phil a ring, 07976 880625, for a chat. Otherwise we look forward to seeing you on the streets of Somerset before too long!

Stogursey Arts Trust

'Many adults, me included, find it hard to pick up a pencil or paintbrush and make some art.'

Jonathan Jones - 'Art at Home' The Guardian April 2020

Oli King contacted us this month with a great 'stay at home' creative challenge, which doesn't require picking up a pencil or a paintbrush. Oli says:

The Stogursey Arts Trust has a mission for the local community.

Aimed at all age groups and all abilities, we would love to see your photos of current life in Lockdown!

Whether they are fantastic views you might have seen when out exercising, results of gardening at home or on the allotment, even examples of the many ways you are using to keep yourselves amused, do send them in!

We will be creating an e-collection of your images on our Website and adding a few on our Facebook page. Once we are moving forward and resuming a more normal life, we would love to present the collection as a reminder and a lasting record to the time we spent and the challenges we overcame during this difficult period.

You can either send the photos by posting us a message through our Facebook channel or emailing us the attachments at

pictures@stogurseyartsfestival.co.uk

If you have any questions then please don't hesitate in contacting us!

Our plans for the Garden Festival remain on hold for the time being, which is a shame, as we are sure the gardens around our parish have never had so much attention! One of Oli's suggestions is to send in photos of how well your gardens are looking in Lockdown, and when we resume plans for the Festival, we could include these photos in the exhibitions.

Last month I mentioned 'Grayson's Art Club'. Unfortunately Grayson had been ill (not with CV-19, I hasten to add) and the programme was postponed. You can get it on C4 catch up or on Mondays at 8pm. Don't miss the one where Harry Hill carves a dog, from a log of wood with an axe! If you fancy something practical, but not so dangerous, have a look at 'Life Drawing Live' on BBC4, 8pm Tuesdays.

The cult Lockdown activity of reposing famous paintings and photographing the results online continues to grow, and if you have not searched for these images yet, there

are many new and wonderful examples to enjoy, but you will need a computer.

We hope Oli's brilliant challenge is the first of many to be sent in, so do keep your ideas coming and join in our 'creative community' in Lockdown.

Jonathan Jones concludes his article on 'Art at Home' with: '... having a bit of fun is the best reason of all to borrow your kids' art materials and have a go.' He says: 'The result doesn't matter so much as the process and what it teaches you.'

Follow us on Stogursey Arts Festival Facebook.

Additional information on future events will be posted at www.stogurseyartsfestival.co.uk as and when circumstances enable us to resume activities and plans.

Stay safe, stay alert and be creative.

Mike Bradshaw for Stogursey Arts

Can you help answer my questions on Hinkley Point C?

I am a year 12 student studying A levels at Woodbridge School in Suffolk. Alongside my A levels I am doing an Extended Project Qualification (EPQ) on Sizewell C, with my proposed title being 'What are going to be the impacts on locals of Sizewell C being built?' An EPQ is an independent project that allows students to research a topic outside of their studies.

Building a new power station at Sizewell will affect the lives of those living in communities close to the main development site and associated development sites. I thought it would be useful to look at Hinkley Point C to see what these issues are in that community and how they are being handled.

Please can you help with the following questions:

- What have you found are the most significant impacts on locals of the building of the new power station?
- Have you experienced any positive impacts of the building of the new power station? (All the impacts I have come across so far are negative.)

Please contact me if you can answer my questions, or if you need any further information. You can contact me either by email - PPowell@woodbridgeschool.org.uk; or by or phone - 07957103233.

I look forward to hearing from you.

Petronella Powell

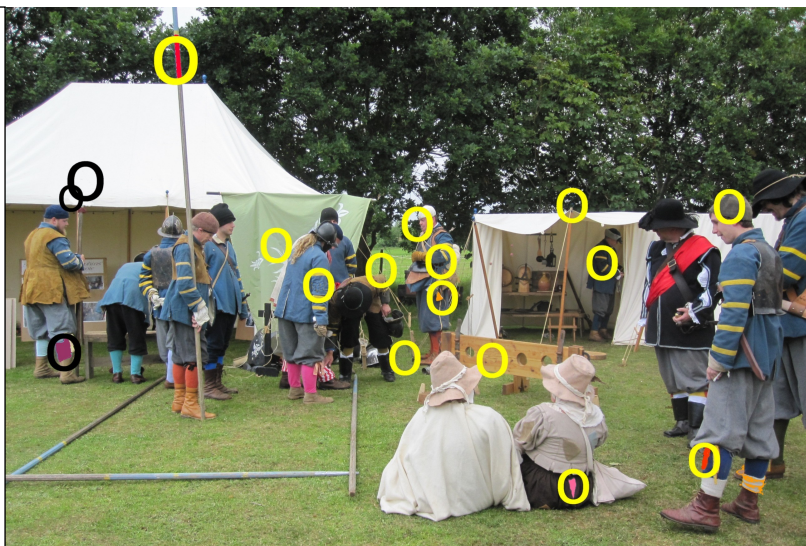
Answers to last month's quiz questions:

Q1. The cover photo of the wonderful wall is at the end of the path around the castle moat.

Q2a. The differences between the two photos

Q2b. This event took place in 2011. It was to celebrate the 25th Anniversary of the Twinning Association and featured a visit from the 'Sealed Knot' history re-enactment society.

Q3b. The nine-letter word is Stogursey.



Points from the Parish Council - May 2020

Stogursey Neighbourhood Plan

The Stogursey Neighbourhood Plan Working Group held a meeting virtually on 4 May and were able to 'start the ball rolling'. Small focus groups were formed initially looking at topic areas of Community, Conservation & Environment, and Agricultural & Commercial. If any residents are interested in joining a focus group or has any suggestions about what they would like to be included, please contact the Parish Clerk.

Highways Issues

Somerset County Council (SCC) is responsible for all highway matters, from potholes to street lights and even dead animals in the road. In addition, blocked drains, and overgrown hedges can all be reported directly to SCC. You may have the opportunity to note the condition of the roads while you are out walking. Residents are encouraged to report all issues directly to <https://www.somerset.gov.uk/roads-and-transport/#problems-on-the-road>. If however you are unable to access the website to report an issue please contact the Parish Clerk.

Parish Clerk Vacancy

After 6 years in the Parish (3½ of them as Parish Clerk), I will be leaving the parish and will therefore have to give up my role as Parish Clerk. A vacancy notice has been placed on the parish website, and local parish magazines. I have enjoyed working with the Parish Council and will have fond memories of the parish.

THE NEXT PARISH COUNCIL MEETING WILL BE ON WEDNESDAY 10 JUNE 2020

The next Parish Council meeting is anticipated to be on the Zoom platform again. Members of the public are invited to attend and should contact me for details.

The agenda will be displayed on the parish website 3 days before the meeting. I look forward to hearing from you on any issues you wish to discuss. My phone number is 01278 653824 or you can e-mail me at stogurseyccclerk@gmail.com

Gillian Orchard, Clerk to the Parish Council

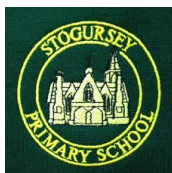
Riparian Owners responsibilities

Parishioners who are riparian owners are reminded of their responsibilities. If you are a riparian owner, your responsibilities include the maintenance of the bank and bed of your section of watercourse, in order to avoid any obstruction of flow in the watercourse. Under common law you are the riparian owner of any watercourse within or adjacent to the boundaries of your property. Where a watercourse is sited between two or more property boundaries each owner may be equally responsible. Further details can be found on the Somerset County Council website <https://www.gov.uk/guidance/owning-a-watercourse>. The following link provides information on reporting noxious weeds to Somerset County Council. <https://www.somerset.gov.uk/waste-planning-and-land/report-noxious-weeds/>

TRANSFER WANTED

Hi, I live in Williton in a 2-bedroom bungalow with a wet room in a quiet area. All my family live in Stogursey, and I am looking for a transfer to a 2-bedroom property in Stogursey. I would consider a 1-bedroom house or bungalow only. Please contact 07388640346 for more information. Thanks.

Samantha



Stogursey C of E Primary and Pre-School



SCHOOL UPDATE as at 15 May 2020

Stogursey School, like every other school in the country, has not closed during lockdown. It has been open for children of key workers from the very start of the lockdown, and it stayed open throughout the school Easter holidays. Teachers during this time have been very busy - if they are not in school with children, they have been working from home preparing work packs for each child. These packs have been delivered to children's homes each weekend by Mr Tucker, and the completed packs taken back to the teachers.

On Friday 15th May the governors had a video call to discuss the government's advice (of 10th May) to allow more children to attend school from the beginning of June. We looked at how we could safely expand our offer of childcare provision to our Reception, Year 1 and Year 6, as well as to our priority children. As yet, nothing has been decided and when it is, the school will communicate this in good time.

Last month, we heard from the children who have been in school since the beginning of the lockdown.

This month, we have news from some of the children who have been staying at home, and find out how home-schooling has been going for the children (and parents).

from Micky and Callum

We are all still thoroughly enjoying "isolation". We are very lucky to have plenty of space to run around and lots to do.

We have worked very hard with our home schooling . . . typically spending around 2 hours per day - split into sections.

Both of us can now ride our bikes **without** stabilisers! Callum is horse riding, and Micky is caring for his new baby pigeons daily.

We have attached a picture of us taken over the weekend on our walk to Stolford Beach. We brought back lots of drift wood to create something with.

We miss school and friends and are looking forward to returning as soon as its safe to do so.



Thank you for the work you are sending us.

Take care.

Hope you are all staying safe x

Victoria, Micky & Callum

Connie's Art Work

Connie's flags in her front window are so eye-catching. Mr Tucker noticed them whilst out delivering learning packs the other day from the other end of the road!

She has been working very hard to paint the flags of the Allies to commemorate the 75th Anniversary of VE Day and put on a little tea party in her front garden for the occasion.



Well done Connie!



from Daniel and Max

Daniel and Max have both been working hard at home. They have completed all the work supplied by you, lots of tasks via BBC bitesize, and they have taken part in things on YouTube such as science with Maddie, PE with Joe and dance with Oti.

Max is very much enjoying collecting his certificates on maths with Carol Vorderman (themathsfactor.com) too.

The boys are reading daily as well as playing football, basketball and riding their bikes.

They've planted flowers, helped their Dad build things and have looked after their new lambs.

Both Daniel and Max enjoyed working through the original folders that were sent home with them. They also both really, really enjoyed the talk for writing booklets they received (trolls and doors). They've been asking when they'll receive another one.

Max and Daniel's mum said, "The arrangements in place for collecting and delivering work seem to be working well too."

Next month, we hope to share some more of our families' stories and photos of home-schooling.

Friday Afternoon - May 8th

Walking along the footpaths from Shurton, with grandchildren, carefully keeping the proscribed distance apart, we didn't expect to see anything out of the ordinary, but were just enjoying a lovely sunny May afternoon. We had intended to go round through Stogursey and back home over the fields as part of the Castles & Coast Way.

I imagined the village would be quiet as it usually has been during these strange times. But as we walked up the High Street, we realised that quite a number of households had decided to mark the special day in their own way. As well as many houses being decorated with flags and bunting, other things were happening. Families were out in their front gardens celebrating the 75th anniversary of VE Day by having their own little street parties. Tables were set out with best cups and saucers, teapots, some with tea cosies, and plates of tea party sandwiches and cakes. People were chatting over garden walls and making the most of a very special occasion.

It's a pity there couldn't have been celebrations as Stogursey has had in the past, but this was a lovely way to mark the day and we were so pleased we had decided to do our walk that way.

Mary Bartlett

Notes from your Village Agent - Izzy Sylvester

It has been wonderful to be part of the immense community support that has been carried out by local parishes, churches and volunteers to keep our most vulnerable fed and in receipt of their prescriptions. We should remember them in our regular Thursday evening applause.

Sadly, there are some unscrupulous people out there who are using the crisis for criminal purposes and many new scams have appeared. The main advice from the Avon and Somerset force is:

- Watch out for scam messages – don't click on the links or attachments in suspicious emails and never respond to unsolicited messages and telephone calls that ask for your personal or financial details.
- As village agents we have been made aware of phone calls asking for your bank details for free school meal payments. These come as e-vouchers or printed if required.
- If you think you have been a victim please report the matter to Action Fraud as we need to share knowledge of fraudsters. www.actionfraud.org.uk
- As Village Agents we suggest sharing your experience with your friends and with us so that we can share and allow everyone to be prepared for the

next potential scam. If you are feeling upset by a call, contact us on 01823 331 222 for a bit of reassurance and advice.

- Shopping online – if you're making a purchase from a company or person you don't know and trust, carry out some research first, and ask a friend or family member for advice before completing the purchase. If you decide to go ahead with the purchase, use a credit card if you have one, as most major credit card providers insure online purchases.
- We suggest looking for the padlock mark on the web address, not on the actual webpage to show your credit card details are safe. Avoid offers that seem too good to be true and look if you can find them elsewhere on the internet to check if it is advertised elsewhere.
- Don't be duped by organisations offering to arrange to collect money from your home to pay for goods, and don't buy goods from the doorstep.
- During lockdown, people should knock on your door and step back to see that you have collected your delivery, volunteer shopping or prescription. They will not ask for a signature.
- Protect your devices from the latest threats – always install the latest software and app updates to protect your devices from the latest threats.

<https://www.avonandsomerset.police.uk/news/2020/03/beware-fraud-and-scams-during-covid-19-pandemic-stay-at-home-stay-safe-on-line/>

A full list of identified scams can be viewed on the National Trading Standards website -

www.nationaltradingstandards.uk/

Age UK Somerset have a really clear list potential scams here: <https://www.ageuk.org.uk/somerset/our-services/scams-advice/>

If you see or hear anything suspicious contact the Citizens Advice Consumer Service on 0808 223 1133 or via the web form on their website.

Exciting news from CCS Village Agents this month is that Talking Cafés are going to be live on Facebook. The first is 14th May at 11am and then daily at 11am from the 18th May! We have really missed seeing our clients at our Talking Cafés so hopefully in the short term this will help & support you from the comfort of your own home! www.facebook.com/TalkingCafeSomerset/Live - you can ask questions during the Live video in the comments section and have your answer there and then – hope we see you

Please telephone me Izzy Sylvester on 07931 018045 for confidential advice and support

Then and Now

by Jan Ford

I've valued time on my own
To think and unwind
I'd reflected on words that begin with Fr
Many have negative vibes I thought,
Linked to old age, weariness and stress.
Like frail, fragile, frazzled,
Frustrated, fraught and freak!
To name but a few.
Others to be frank, more derogatory,
- aimed at the female of the species.
The old frumpy frock and frizzy fringe,
And don't forget frivolous frothy, frowsy, and frosty
- And of course, frigid.

I had it all worked out.
All in rhyming verse,
A light hearted ditty,
Drafted relaxing by the pool alone.
Free to think, and drink what I wanted
- other than frothy coffee preferably.
The ice therein frozen rather than my feet,
Free to fritter my time away
Free to frolic and eat fried food
Under the fragrant frangipanis.

Then safely back to dear old blighty.
Like many frantic to shop and fill the fridge.
Fretting that food will run out.
Frustration between the empty shelves.
Thank God I'm frugal if just a little fractious and frayed.
A control freak now, I fear.

No fraternising with friends and family.
No work in the frame for many.
For us no trip to France.
And most of all universally frightened
- of that Friggin' Virus.

Is the wartime spirit surfacing again,
Now we fight on an invisible front?
- Standing on our own front step
Clapping those giving care against the odds.

Looking forward,
For now compliant.
But frequently and frenetically washing hands and surfaces.
Looking forward to what we've lost.
Our FREEDOM!

Free baby carrier hire during pandemic

Somerset County Council's Public Health team is stepping up support during the coronavirus pandemic, and offering free carrier hire to give every baby the best start in life, building an even closer and loving connection with their parents.

The Council is working with *Carry Me Kate Parenting Services CIC* to provide free hire of carriers for new parents during the coronavirus crisis.

Councillor Clare Paul, Cabinet member for Health and Wellbeing at Somerset County Council, said: "Everyone is spending much more time at home at present, this may mean that many new parents have more time together after their baby is born. Sling use can provide benefits to the whole family, supporting baby to be close during daily routines and while taking daily exercise."

Carry Me Kate Parenting Services CIC provides a universal sling library, breastfeeding peer support, a cloth nappy library, parenting and community support – these have all moved to virtual platforms for the time being.

Every baby born in Somerset between April and September will be able to benefit from a carrier, hired cost-free, for a month. A scheduled virtual video session will be scheduled with parents as it's vital that slings are worn correctly and safely. Further support can be provided on a one-to-one basis as well as the option to participate in group online sessions

After the initial cost-free month, continued sling hire is available and can be discussed with the sling consultants at Carry Me Kate. To get in touch, contact Carry me Kate Parenting Service CIC Sling Library on Kate@carrymekate.co.uk

Families are encouraged to visit Somerset County Council's Public Health's website [Healthy Happy and Safe at home](#) pages which provide a wealth of practical information, advice and ideas to help you during these exceptional times. There is a special families and children section included.

The Somerset Coronavirus Support Helpline **0300 790 6275**, staffed by the county and district councils' contact centres, is open from 8am-6pm seven days a week. It provides a single contact number for those wanting to access any local authority help they may need, including emotional support, in the current crisis. Somerset County Council's website <https://www.somerset.gov.uk/coronavirus/> also has useful tips and guidance – as well as further information about how Council services are currently affected. The page also offers the chance for people to sign up via email to receive a daily update on Somerset's response to the Coronavirus outbreak – including further emotional health and wellbeing tips.

The Old Sailor by AA Milne

(Poet and author of Winnie-the-Pooh books etc)

There was once an old sailor my grandfather knew
Who had so many things which he wanted to do
That, whenever he thought it was time to begin,
He couldn't because of the state he was in.

He was shipwrecked, and lived on an island for weeks,
And he wanted a hat, and he wanted some breeks;
And he wanted some nets, or a line and some hooks
For the turtles and things which you read of in books.

And, thinking of this, he remembered a thing
Which he wanted (for water) and that was a spring;
And he thought that to talk to he'd look for, and keep
(If he found it) a goat, or some chickens and sheep.

Then, because of the weather, he wanted a hut
With a door (to come in by) which opened and shut
(With a jerk, which was useful if snakes were about),
And a very strong lock to keep savages out.

He began on the fish-hooks, and when he'd begun
He decided he couldn't because of the sun.
So he knew what he ought to begin with, and that
Was to find, or to make, a large sun-stopping hat.

He was making the hat with some leaves from a tree,
When he thought, "I'm as hot as a body can be,
And I've nothing to take for my terrible thirst;
So I'll look for a spring, and I'll look for it first."

Then he thought as he started, "Oh, dear and oh, dear!
I'll be lonely tomorrow with nobody here!"
So he made in his note-book a couple of notes:
"I must first find some chickens" and "No, I mean goats."

He had just seen a goat (which he knew by the shape)
When he thought, "But I must have boat for escape.
But a boat means a sail, which means needles and thread;
So I'd better sit down and make needles instead."

He began on a needle, but thought as he worked,
That, if this was an island where savages lurked,
Sitting safe in his hut he'd have nothing to fear,
Whereas now they might suddenly breathe in his ear!

So he thought of his hut ... and he thought of his boat,
And his hat and his breeks, and his chickens and goat,
And the hooks (for his food) and the spring (for his thirst) . . .
But he never could think which he ought to do first.

And so in the end he did nothing at all,
But basked on the shingle wrapped up in a shawl.
And I think it was dreadful the way he behaved -
He did nothing but bask until he was saved!

I do hope you have managed to enjoy some
guilt-free basking!

Caroline Hawkes

Highlighting the Issue

A little while ago, as I walked along the path beside Bayleys Brook, I noticed a splurge of red on the path. It turned out to be dog excrement which had been spray-painted. By the time I got to the grass triangle by the ford, I met the Lengthsmen with spray paint can in hand. They explained that because of all the excrement (there are 9 dollops between Yew Cottage and the grass triangle) they would not be cutting the grass in Shurton.

In warm and sunny weather, there can be no better place to bring your children, or grandchildren, to paddle in the stream, look for tiddlers or play pooh-sticks before sitting on the grassy bank and maybe having a little picnic.

This timeless pleasure, enjoyed by generations of families, has been spoiled by the risk of touching, sitting on or putting bare feet on dog faeces - and the knowledge that this could result in contracting toxicaria.

Teresa Miller





SCSN

June 2020

Stogursey Community Support Network (SCSN)

As you are now probably aware, the SCSN was set up to coordinate the many local volunteers helping people to receive their food shopping, prescriptions (which are delivered from both Quantock and Cannington Health Centres to individuals every week) and supporting elderly/vulnerable residents.

In addition, the SCSN is running an outpost of the Watchet-based Quantock Foodbank, in Stogursey. We plan to continue this after the current crisis, as we believe the need for this support will continue for some time, as the long-term economic effects of the C-19 crisis continue.

How the Foodbank outpost in Stogursey works

Anyone can donate non-perishable food items for the Quantock Foodbank, these are currently placed in Revd Nicky Morgan's garage by the donors and we take them along to Watchet weekly. There are also boxes in the village shops for people to donate food items.

Every Wednesday a volunteer takes all the food items donated in our village to the Quantock Foodbank and returns with the food parcels for the recipients in our village. The list of recipients and any dietary needs is updated every week.

With the project funds - more on these later - we buy fresh fruit and eggs from the local shops (which both very kindly sell them to us at cost) and 2 volunteers (maintaining social distance at all times) sort these for the relevant family/individuals who'll be receiving the food parcels. When the Foodbank parcels arrive, the extra bags with the fresh food items are added to each parcel. Volunteers deliver the food parcels to the various recipients the same day, Wednesday. In addition, the local shops now donate food items too, for example, fresh bread which is ordered specially and donated. We are extremely grateful to the Spar Shop and the Corner Shop for their huge support in this venture.

How to be referred for Foodbank support

People can refer themselves for support, using the SCSN Facebook messenger service or phone one of the 3 Helplines. People can also refer someone they are concerned about, in the same ways.

Donations

This began with someone in the village donating some cash to the Spar for the SCSN to use. Another local person donated cash to the Network, via the Parish Council (who act as our bankers). Since then, more people have donated in both these ways. Thank you all so much.

If you would like to donate in support of the SCSN work, you can do so in various ways:

1. By continuing to donate non-perishable food items to the Quantock Foodbank (please see the Foodbank poster in this edition). These will be taken to Watchet every week. This is extremely important for the long-term sustainability of the Foodbank, and they are very grateful for all help
2. You can contribute to the work of the SCSN either by putting some money 'behind the till' at either of the Shops in the village, or by donating funds to the network via the Clerk to the Parish Council, Gillian Orchard (contact number overleaf)

Funds

The SCSN applied for and received funds from the *Somerset Coronavirus Relief Fund (SCRF)*. We have also received funds from the Benefice, the Parish Council, the Parochial Church Council, the Church Rooms and from private individuals, for all of which we are extremely grateful.



SCSN

June 2020

NEW! NEW! NEW! NEW! NEW! NEW! NEW! NEW! NEW! NEW! NEW! NEW! NEW!

Primary Children's Activity Packs

In addition to providing fresh food items to Foodbank recipients with the SCRF funds, we are buying items for Children's Activity Packs which we plan to distribute to up to 100 children in our area! These contain some seeds and pots etc for planting, a range of art / craft supplies and various printed books / poems and activity sheets. The packs will be provided in two age categories, under 7s and 7-11s.

Children at Stogursey School should have already received their Activity Pack via the School. If your child has not received his/her pack yet, or you wish to recommend someone to receive a pack, please contact us ASAP.

You can contact us via the SCSN Facebook Page; email us at sukey.elstob@btinternet.com or phone the Helpline: 07485 350560 to reserve your Packs.

You just need to tell us the Name and Age of the child / children and provide a contact phone number or email. Don't miss out!



The SCSN is here to help you. Get in touch if you need support.

Useful Phone Numbers:

SCSN Helpline 1: 07485350560 (Sukey)
SCSN Helpline 2: 07947238566 (Hilary)
SCSN Helpline 3: 07579765201 (Sue)
Revd Nicky Morgan: 01278 732873

Izzy Silvester (Village Agent): 07931018045 / izzy@Somersetccc.org.uk

Gillian Orchard (Clerk to the Parish Council): 01278 653824 / stogurseyppccclerk@gmail.com

Also see our **Facebook Page: Stogursey Community Support Network** for regular updates. You can comment or PM us on this page.

All communications are treated in strict confidence. Your personal information is stored in accordance with data protection guidelines.



Quantock Foodbank

email: quantockfoodbank@gmail.com tel: 07483 815122

TOP TEN ITEMS REQUIRED



Rice

Pasta Sauce

Coffee

TINS:

Potatoes, Carrots

Kidney Beans

Hot Meats

Cold Meats

Spaghetti

Fruit

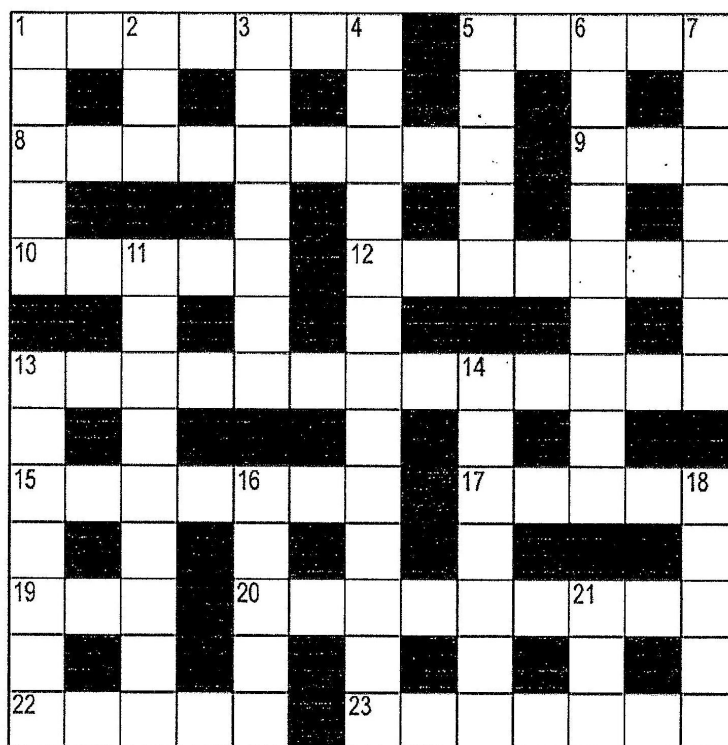
THANK YOU !

QUICK CROSSWORD NO. 1

compiled by Helen Cuttall

CLUES ACROSS

1. These look pretty in the rockery (7)
5. Farmers have many of these (5)
8. This day takes place on June 21st (9)
9. Measure of someone's weight in relation to height (3)
10. Larva of a dragonfly (5)
12. Drummed up support (7)
13. Removing O₂ (13)
15. Summer flowers look like this (7)
17. A finger or toe (5)
19. Traditional stove (3)
20. You might see these large, beautiful creatures at night (9)
22. Lessened pain (5)
23. Surname of US singer and actor (7)



CLUES DOWN

1. This work is done in the office (5)
2. Peas are found in one of these (3)
3. Badly behaved (7)
4. Glastonbury, Watchet and Dunster are these (8,5)
5. Usually a time for showers (5)
6. Talking incessantly! (5)
7. A large and noisy party (7)
11. You might see these at night (9)
13. To go in a different direction (7)
14. Area of the body between thorax and pelvis (7)
16. Tiny insect you don't want on your roses (5)
18. Make of electric vehicle (5)
21. A small rum (73)

"Companion planting" is all about creating plant communities which have mutual benefits to each other. It can be an organic way to protect your crops from pests or it could help improve pollination of fruit and vegetable crops."

Companion plant 1	Companion plant 2	How does it work
Cabbage, kale, cauliflower	Nasturtium	Plant Nasturtiums as a sacrificial crop Cabbage white butterflies will lay their eggs on Nasturtium plants, keeping caterpillars away from your Brassicas.
Courgette	English Marigold	English Marigold (Calendula) flowers are highly attractive to pollinating insects which will in turn pollinate your courgette flowers.
Carrot	Spring onions or leeks	Sow spring onions or leek amongst your carrots - the smell of onion/leek deters carrot root fly. The smell of carrots also deters onion fly from onions, and helps deter leek moth from leeks.
French /Runner beans	Nasturtium	Plant Nasturtiums as a sacrificial crop - aphids love them and this will lure them away from your runner beans/French beans.
Runner beans	Sweet peas	Sweet peas will attract pollinating insects which will in turn help to pollinate your bean flowers.
Tomatoes	French Marigold	The pungent smell of French marigolds deters whitefly.
Tomatoes	Basil	Basil reportedly improves tomato flavour and the strong scent of their leaves also deters aphids. A perfect partnership in the kitchen too!

Taken from: Thompson & Morgan (<https://www.thompson-morgan.com/companion-planting-guide>)

News from the Quantock Medical Centre

Thank you - to all the volunteers who are delivering medications to self-isolating and shielding patients. This has been enormously helpful and greatly appreciated.

Thank you to our patients, for their support whilst we have had to change the way we run the Medical Centre. We are trying to reduce rates of cross infection for patients and staff.

We are, and always have been open for business. However, we are unable to let patients just walk into the practice now.

Appointments:

Please call 01278 732696. We are operating a Telephone Triage system: you will be given a phone call appointment with a clinician who will decide if you need to be seen face-to-face.

You can also go to our website www.quantockmedicalcentre.gpsurgery.net where we have an eConsult facility.

When you call in we will ask you a few questions. Please be honest with our team about your symptoms; we will not refuse to see you. Your health is our main concern, but it is helpful to know what we are dealing with.

If you have an appointment with the Nurse or Doctor please do not come to the surgery before your appointment time. You will not get seen any quicker and we would like to reduce the amount of people in the waiting area for your own safety, maintaining social distancing.

If you have a medical condition you might wish to buy your own Blood Pressure monitor (approx. £25) thermometer (approx. under £5) and/or pulse-oximeter (approx. £20). It would save you regular trips to the Medical Centre if you could do these at home and have the results available for your telephone appointment.

Medication

Prescriptions can be ordered by phone 01278 733385 Monday to Friday 10am-12 noon or 4-5pm
Or by email : quantock.mc@nhs.net
You can **collect** your medication: Monday to Friday between 10 am – 12 noon and 4 – 6pm

We currently have someone to help hand over your medication at the door.

COVID-19

Please DO NOT come into the Medical Centre if you have COVID-19 symptoms (a temperature, a new continuous cough, shortness of breath or change to your sense of smell or taste). Please STAY home and telephone 111 or the surgery for advice.

If you feel that you have COVID-19 symptoms, you can refer yourself for an antigen test via

England: [NHS 111 online coronavirus service](https://111.nhs.uk/covid-19)
<https://111.nhs.uk/covid-19>

Government food parcel no longer needed?

If you received an NHS letter and if you have [registered as shielding](#), you may have received a weekly food parcel. If you want to cancel this, and be removed from the government distribution list, do one of the following:

- refuse the parcel when it is delivered.
- go to GOV.UK [where you registered as shielded](#); go to the question 'Do you have a way of getting essential supplies delivered at the moment?' You previously answered 'no' to this question, please now reply as 'yes'.
- call 0800 028 8327 but make sure you have your NHS number (this will be on the top of your NHS letter). This is an automated phone line and you will need to follow the instructions. You will be asked the question 'Do you have a way of getting essential supplies delivered at the moment?'. You previously answered 'no' to this question, please now reply as 'yes'.

Please note that deregistering from the food parcels will not cause you to lose your priority status slot for supermarket delivery.

How to donate unwanted food parcels to a local food bank:

Bridgwater Foodbank:

Phone: 01278 434636 / 07804 119273

Website: <http://bridgwater.foodbank.org.uk/>

Email: info@bridgwater.foodbank.org.uk

Quantock Foodbank (Watchet)

Phone 07483 815122 or

email quantockfoodbank@gmail.com

Take care and do contact us if you need medical care, we are open to help you.

*Helen Stacey Practice Manager
Quantock Medical Centre*

Contacts and Parish Information

Parish Councillors:

Chris Morgan (Chair) 01278 734887 or 07966-697460

cmorgan195@icloud.com

Sue Goss (vice-Chair)

Judy Bastick, Rebecca Calvert, Eileen Chave, Chris Ford, Susan E Jones, Steve O'Driscoll, Jenny Ody, Helga Staddon

Clerk: Gillian Orchard 01278 653824

Meetings: monthly date & venue as published

7.15 - 7.30 Public Forum - for parishioners to attend & ask questions,

from 7.30 pm Councillors' meeting - parishioners may attend and listen. **Read Parish Council notes within for details of video-meeting for month of June.**

West Somerset & Ward Councillors:

Chris Morgan cllr.c.morgan@somersetwestandtaunton.gov.uk

Site Stakeholders Group Representatives:

Sue Goss, Chris Morgan

Somerset County Council

Parish Neighbourhood Welcome Pack

Burton & Knighton: Sue Goss 733405

Wick & Stolford: Susan E Jones 652287

Stogursey & Shurton: Chris Morgan 734887

EdF Main Site Neighbourhood Forum

Representatives for the Hamlets:

Burton and Knighton

Mike Laver m_laver@btinternet.com 732069

Sue Jones suekibjones@yahoo.co.uk 732275

Shurton

Richard Cuttell cuttellrichard@gmail.com 734818

Stolford:

Susan E Jones suejones279@btinternet.com 652287

Wick:

Dick Blomfield. richie.blomfield@btinternet.com 653302

Parish Council Member: Chris Ford

West Som District & Ward Councillor: Sue Goss

EdF Contacts:

Hinkley Point C Drop-Ins

at the Babbling Brook, Shurton, Fridays, 12 noon - 1.00 pm

2020: 21st August; 11th December

HPC Hotline

for enquiries or complaints 0333 009 7070

Community Venues

Victory Hall & Youth Club - Allan Searle 732820

Church Rooms - Belinda Crowther 734695

St. Peter's Church Stolford - Susan E Jones 652287

Community Car Scheme

Stogursey Parish Stagecoach. 07908 239 609

Health Centres

Cannington 01278 652335

Quantock (Nether Stowey) 01278 732696

Out-of-hours (for both centres) 0845408800

The surgeries held in Stogursey at the Church Rooms and St Audries Centre are temporarily cancelled during the Covid-19 pandemic.

♥ Defibrillator

♥ is located on the wall between Stogursey Motors
♥ and The Corner Shop.

Mobile Library: Route G

The library visits on Thursdays - **every 4 weeks**

Shurton

Babbling Brook 12.20 pm - 12.50 pm

Stogursey

Greyhound Inn 1.30 pm - 2.00 pm

Town Close (No 30) 2.05 pm - 2.25 pm

Next Visiting Dates: Not known at present

For more information, contact Libraries Direct by

Telephone 0300 123224, or

Email at www.somerset.gov.uk/libraries

POLICE

Non-Emergencies- Call 101 Emergencies - Call 999

Community Policing & Speed Watch Volunteers

Jamie Munro PC 4376 Neighbourhood Beat Manager

Williton & Watchet (AW052). Mobile: 07889 659436

Email: jamie.munro@avonandsomerset.police.uk

Anti-Social Behaviour (ASB) and Criminal Damage

If you see any ASB or criminal damage incidents, please **phone the Police on 101**. Give as much information, including names, as you possibly can. These are Police matters, and the Police need our help to stop them. The number of complaints made from an area are noted. The more complaints received, the more justification to allocate police time and manpower to deal with problems.

Complainants' names are not released to the perpetrators.

Coronavirus Update

The safety of the community and our workers remains of paramount importance. Government guidance emphasises the need to create a safe workplace for employees and on assessing and managing risk in a controlled way. That safety-led approach is consistent with the way we work at Hinkley Point C.

We only continue to operate because we have made safe working possible. Many people on the project are continuing to work remotely. These aren't just admin roles, complex technical tasks are also now being successfully done at home.

With fewer people on site, we have found that many construction jobs can be done with social distancing, and our remaining site workers are now well adapted to these new measures. For tasks that require closer working, we provide extra protective equipment.

Our aim is to manage the project in a responsible way so that the region and country can emerge from the crisis as strongly as possible. That includes continuing to support apprentices and local job opportunities. It means standing by our Somerset suppliers so that they can keep paying their local employees.

Even as economic activity increases, the many steps we have taken to monitor health and prevent the risk of infection will remain in place and the number of workers on site will always be guided by what is safe.



Hinkley Point C look ahead

June 2020

Whilst workforce numbers on site have reduced significantly, the remaining workforce are focusing on the below critical areas of work:

Location		Description of works
1	Unit 1 – Nuclear Island	Works continue on the reactor building with the liner cup reinforcement progressing well. Works on the Safeguard Buildings will also continue, with over 40 walls already built.
2	Unit 1 – Conventional Island	3,000 tonnes of reinforcement bar are currently being installed on two, out of the five, work platforms. Now the inlet cooling water pipe system is complete, we are backfilling the pipe trenches.
3	Unit 2 – Nuclear Island	J0 marks the point where foundations are complete on the reactor building and we begin to build up. This significant milestone is on track to be achieved in late May.
4	Tunnelling	The Tunnel Boring Machine (TBM) for Intake Tunnel 1 achieved “full bore mode” on schedule. Now tunnelling at full capacity, we are over 600m into the 3.5km tunnel which runs under the Bristol channel.
Off Site	Combwich Wharf	Build of the temporary retaining wall continues into June, once built it will support demolition works. Works to the berth bed will allow for construction activities and we are erecting permanent fencing to reduce noise impacts on local residents. See here for more details.

Community Support

Here are just a few of the ways the Hinkley Point C project is supporting the local community:

- Matching volunteers from our workforce with local care homes, to help in non patient facing roles
 - Donating PPE supplies to local hospitals, care homes, schools, and charities
- Donating a chiller van to Fare Share SW so that they can distribute essential supplies to the vulnerable
 - Somerset Larder are producing over 600 meals a day for frontline NHS workers
 - Donating pop up greenhouses and gardening starter kits to local primary schools

Visit: www.edfenergy.com/hpc
E-mail us at: hinkley-enquiries@edf-energy.com
Call us on our 24/7 hotline: 0333 009 7070

The HPC Jobs Service is there to support people into jobs on the project. Visit www.edfenergy.com/hpcjobs to register for the latest opportunities.

