

# **STOGURSEY NEWS**



**PW**

## **December 2020**

## Editorial

In previous editions of Stogursey News there have often been comments about how this magazine allows people to share what they are experiencing month by month throughout the year. December's edition follows this theme. Jan Ford's poem puts into words what we guess many of us are feeling in this challenging year. We all hope that there will be, "No unhappy endings, Weirdness forgotten."

Even in Lockdown plans are being made, and there is information about new initiatives like the Charis Café and the plans for a weekly Lunch Club to be held in the refurbished Church Rooms. There are also pieces with information about the support that is available for a variety of needs. There is transport via the Slinky Bus, skilled Pilates sessions to restore us physically, and where to go for help with mental health and bereavement issues.

As we come to the end of a year we often remember people who are no longer with us. The tribute to Dulcie Touchin will surely jog many people's memories of her. She was part of so much in this village.

Finally, the piece from The Quantock Medical Centre reminds us that plans are being made to offer a vaccine against Covid-19 in our area in the New Year. That must surely be a hopeful sign.

Throughout this edition there are photos of some of the lighted windows created by people who took part in the 'Outside Gallery'. Perhaps the light they brought can also give us hope. Perhaps we, like the artists in Edith Wharton's words, can be either a candle or a mirror reflecting light in these dark days.

The Editorial Team send all magazine readers our best wishes for this Christmas and our hope for health and happiness in the New Year.

### Stogursey-Online.uk

This is the parish website. It hosts pages for events, societies, community links and Parish Council news.

You can post local upcoming events on the parish website [www.stogursey-online.uk](http://www.stogursey-online.uk)

Stogursey News is posted every month on the website - useful if the delivery of your paper copy is delayed.

### Stogursey News

This is an independent voluntary initiative. It is printed free of charge as a contribution to the community by Hinkley Point B (EdF).

The News offers an extra page monthly for the use of Hinkley Point C (EdF) to keep local residents well-informed.

Deadline for **January** contributions:  
**10.00 am Saturday 12<sup>th</sup> December 2020**

### How to contribute to Stogursey News:

#### a) by email:

- \* Prepare your contribution as a 'word' document.
- \* Attach it to an email.
- \* Send it to [stogurseynews@hotmail.co.uk](mailto:stogurseynews@hotmail.co.uk)

#### b) by hand:

- \* Write or type your contribution.
- \* Put it into the 'Stogursey News' box in the Post Office.

#### A few points to remember:

- Submit your contribution by the deadline date.
- Keep within the 500-word limit.
- Provide your contact details so that we can get in touch if we need to edit.  
*(Stogursey News Team reserves the right to edit contributions for length and layout.)*
- Send your contribution each and every month you would like it published.
- Your illustrations must be copyright free.  
*(Stogursey News will not be liable for costs resulting from prosecution if this condition is ignored.)*

We look forward to receiving your contributions.

#### Thank you

#### Distributors

The magazine is distributed to every household in the parish by a team of magnificent volunteers. We are most grateful to our distributors:

Belinda Crowther	Liz & Ron Dyer
Catherine Hawkins	Paul Welbourne
Deborah Robins	Pauline Webber
Dick Blomfield	Peter & Barbara Oates
Jan Ford	Sue Spicer
Jane Cassidy	Terry Touchin
Janet Mitchell	and several others who
Joy Burt	wish to remain
Linda Brown	anonymous.

#### Editorial Team

Annie Rivers  
Catherine Hawkins  
Paul Welbourne  
Steve Stoneham  
Teresa Miller

#### Stogursey on-line

Jenny Ody  
Jo Cavill  
Richard Wand

#### Archive

Paul Welbourne

#### Directory

Phil Griggs

## Just Checking In

Last month I submitted a little piece about looking after ourselves – aimed at myself as much as anyone else! There was a bit of text missing in one of the speech bubbles with the boats. This was the original quote:

*I heard that we are all in the same boat.*

*No, it's not like that. We are in the same storm, but not in the same boat. My ship could be shipwrecked but yours might not be.*

Somehow Lockdown two has seemed more tricky for some of us – is it the daily diminishing light accompanied by weather that's far less conducive to sitting outside and doing very little?

Here's another invitation to check in with yourself and note whether you need a top up. A well-known education author, Jenny Moseley, recommends dipping into each of the five 'wells of replenishment' every day to give us energy, perspective and balance: spiritual, physical, intellectual, cognitive and emotional. Mmmn – well, I'll be off with the dog in a minute, I've played some music... now let me think....

Let's do our best to look after ourselves and each other. There is support within the village if you're struggling and Somerset Mindline is open 24 hours a day for mental health and emotional wellbeing support – **01823 276 892**.

*Caroline Hawkes*

*Our apologies to Caroline for last month's error - Ed*

## Quantock Pilates will be re-opening

Hi all,

As some of you will know, I have been studying at university but as this has come to an end I am keen to get back to delivering expert pilates instruction starting this month, assuming lockdown is lifted. Initially this will only be in the form 1-2-1 Reformer sessions.

I hope that being cooped up has not meant your bodies have seized up! However, if you are struggling or have particular movement issues, equipment-based pilates can offer effective solutions. Please do give me a call on 07928291192 to discuss your individual needs. Be kind to your body and enjoy increased freedom of movement.

Rest assured that every precaution is taken to keep both client and instructor COVID-safe in the studio space. Best wishes to all, keep active, stay safe.

*Emma Rhys Thomas*

## Second Waving - Not Drowning

*by Jan Ford*

Is life just a recurring dream,  
A story that never resolves itself,  
Illogical, frustrating, going round in circles  
Like a rolling ball,  
Destination unknown;  
Chased by an unseen dog  
Then ending up where it started  
- At its master's feet?

Feeling trapped again?  
Location familiar - but unfamiliar,  
Trying countless doors,  
Never getting out,  
Exploring dark corridors of uncertainty.

Maybe it's like that thriller,  
Story chugging along at a tedious pace  
Seemingly getting nowhere.  
Give up or persevere,  
Seeking new clues.  
Or take a sneaky peek at the ending?  
Regrettably not in real life!  
Fictional outcomes are author ordained.  
In life who knows?

So we just jog along,  
looking for new insights,  
Avoiding obvious red-herrings.  
But free to get it wrong  
Waiting for the story twist.

Hopefully soon we'll wake up.  
Relieved,  
Nightmares over  
Normal life resumes.  
No unhappy endings,  
Weirdness forgotten.

## VICTORY HALL LOTTERY

### October 2020 Draw

1 <sup>st</sup> Prize	£25.00	Heather Hallett	No 4
2 <sup>nd</sup> Prize	£15.00	Angela Davey	No 42
3 <sup>rd</sup> Prize	£10.00	John Baker	No 114

## Good News from Stogursey Church Rooms!

The Church Rooms Committee and the Parochial Church Council are very grateful to the Fairfield Charitable Trust for a Grant to cover the cost of upgrading the kitchen and toilet facilities in the Church Rooms. Plans are well under way, and we hope to have a new range cooker with extractor hood, a commercial dishwasher, a hand wash basin and a few other small improvements to the kitchen completed by early December. The toilet/washroom will have a complete overhaul, with modernised facilities for the disabled and a baby-changing station.

This upgrade will enlarge and extend the facilities offered to the community by the Church Rooms and will become a more versatile resource, a venue suitable for smaller, more intimate gatherings, with all its facilities to a high standard.

The first community group to put the improvements to use will be the Stogursey Community Network (SCN) who have been involved in the planning and resourcing of the upgrade. The SCN will use the kitchen to continue to produce home-cooked meals for certain local residents; these will be delivered hot to their homes by the volunteers. Once we move out of Covid-restrictions, the SCN plans to start a weekly Lunch Club in the Church Rooms. This will be run by volunteers on a monthly rota, and open to everyone.

Our local Environmental Health Department has given helpful guidance on Hygiene and Food Safety. All volunteers (and other user groups as appropriate) will be given training and advice on these important aspects.

More details will doubtless be given in Stogursey News and on the SCN Facebook when this becomes possible!

Of course, the enhanced Church Rooms facility will be available to all residents and groups in our area. The Committee is reviewing hire charges but rest assured that these will be reasonable and appropriate.

## Solution to Quick Crossword No 6 - November 2020

### Clues Across

1. tatters, 5. bowls, 8. take turns, 9. lea, 10. refit, 12. venison, 13. Border terrier, 15. hawkeye, 17. creed, 19. mar, 20. Radiohead, 22. sisal, 23. Yangtze

### Clues Down

1. tater, 2. tok, 3. entitle, 4. Shrove Tuesday, 5. bison, 6. Wiltshire, 7. spanner, 11. fireworks, 13. Bahamas, 14. raccoon, 16. enrol, 18. dodge, 21. eat

## Stogursey Arts Trust

**"There are two ways of spreading light; to be the candle or the mirror that reflects it"**

*Edith Wharton*

Are artists candles or mirrors or both? Does it matter if all you need in spreading the light, is to be able to see your way forward?

Recently we have seen several local arts groups take up the concept of 'lighting up' the community. Taunton recently had artists lighting up the windows of houses around the town. There is now even a light-up trail in Langport. Sound familiar? The Tate Britain has just opened its latest exhibition featuring, an 'Outside Light up' art installation on its façade. If you have the internet, do look it up.

Evenings have really drawn in, in the past few weeks. Our little festival, 'Outside Gallery', brought some cheeriness into the dark, and as we approach the winter festive season we will no doubt see the homes around the parish light up again with decorations to celebrate this particular time of the year.

These special, personal installations, in the time we live in, have evolved through different sources of motivation, from religious celebrations to tradition, whimsy, identity and many more, which define the individuality of each household as you pass by in the dark. As we move around our more silent streets this December, take heart from the lights and decorations that give us hope and help us to remember our neighbours and be aware of others we may not even know. This time of year is about new beginnings, sharing, of things to look forward to, of faith, friendship and family.

So when you see the lights out there in the twilight of 2020, look on this as lighting a positive way forward, a ray of hope. Let these individual acts of creativity from wherever they have been generated and from whatever the motivation, candle or mirror; help you celebrate all that makes us individual in spirit.

The Arts Trust wishes you a very happy Christmas and a creative New Year.

*We are still looking for volunteers to join our team, to help us take the Festival forward and support artists, musicians and performers in the parish. If you are looking for an interesting challenge we would love to hear from you (call 01278734550). Likewise if you want to share or need advice on your creative practice: art, music, drama, creative writing and performance, do get in contact, we are here to help.*

For more information and updates follow us on Stogursey Arts Festival Facebook.

*Mike Bradshaw for Stogursey Arts*

## WIN THIS DELICIOUS CHRISTMAS CAKE!



**Only £1.00 a go**

Ticket free  
(COVID-safe!)

Just put your name & phone number in an envelope with your money through Karen's door:  
4 Church Street, Stogursey.

Each £1 entry will be assigned a raffle ticket and put in a sealed container

**Draw will take place on 15<sup>th</sup> December and the winner will be contacted.**

*Promoted by Stogursey Twinning Association:  
Secretary CHawkes 11 Castle St Stogursey  
Tel 01278 733162*

## Seasonal Greetings

Brian & Marlene Blenkinsop would like to wish all our friends and neighbours a very Happy Christmas and Happy New Year. We are donating to Children's Cancer and are not sending cards.



### **A Christmas Tribute to Dulcie from the Sholl family**

Every year our family knew that Christmas was well on its way when Dulcie's card arrived - it was always the first, so last year we were concerned when no card came. We knew she had been unwell and were relieved that she was able to talk over the phone, just saying that she felt tired, but her bright voice was still there and she wished us all a Happy Christmas...

We were very lucky to have had Dulcie as our home help at the Vicarage for many years, certainly most of the time that we were there from 1953 – 1974. She became an important part of our lives, unfailingly cheerful and enthusiastic, completely reliable, very good at her job and a real tonic to have around.

Each of us remembers different things about her. Sarah remembers her once in the kitchen with Mum, listening to 'Music While You Work' whilst trying to control vast amounts of soapsuds pouring out of the top of the old washing machine and Dulcie making short work of the quarry-tiled kitchen floor afterwards. Some years later when Sarah was playing the piano, Dulcie asked her why she didn't 'do something interesting like My Old Man's a Dustman' instead of that classical stuff - a good question which didn't get an answer!

Caroline remembers going with Mum to visit Dulcie in Lime Street just after Francis was born, and, another

time, Dulcie laughing with Dad about the time she found straw in his bed; life was never dull and she told it straight -

In the 1950s we had an elderly family tortoise, originally called Ptolemy, then shortened to 'Tolly' and finally 'Torty' which was Dulcie's name for him - and it stuck. After Torty died and had been buried for some time Simon presented Dulcie with his shell which she always kept polished and would produce for us with great humour as a reminder of the old days, whenever we visited her.

Anna says that what she remembers most was Dulcie's loyalty, bright personality and energy, the contribution she made to our lives at the Vicarage and the great affection we all had, and still have, for her. She still lives on in 'Stogursey Voices' published by the Stogursey Oral History Project, where, with Kathy, she talks of her schooldays, early work, days out, and the pranks they got up to in those days when children would run free. She was a very popular part of Stogursey all her life - and was, herself, one of the deliverers of this Stogursey News.

It was a joy for us to have known Dulcie for so long. Our thoughts and best wishes go to her family in what has been a difficult year. Thank you, Dulcie, rest in peace. We shall not forget you...

*Sarah, Caroline, Simon and Anna Sholl*



# Stogursey C of E Primary and Pre-School



## A BIG hello from Sarah and Lianne at Little Acorns Preschool



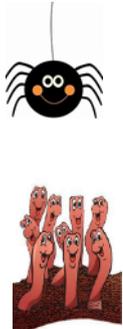
How time flies when you are having fun!

We are now in the second part of the Autumn term and we have been busy making new friends and spending time outside. I think we all appreciate the simplicity of the outdoors, the freedom and discovery of new things.

Watching Countryfile today reminded me how the outdoors is so important for children's emotional wellbeing, and Dr William Bird highlighted how exposure to the natural outdoors also has a positive effect on children's brain development. It is fair to say that the children have more than his recommended fifteen minutes a day.

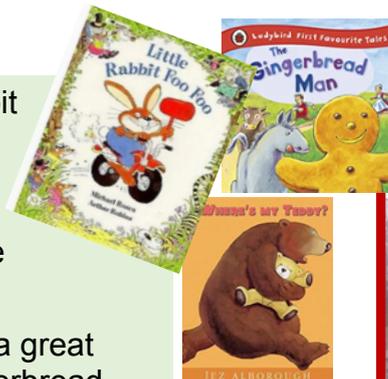
We may watch the farmer plough his field, explore the wonderful environment for hidden mini-beasts, and we may be very lucky and discover a slow worm under some stones (not sure who was more excited me or the children).

The children create beautiful clay sculptures and print with leaves and blackberries on canvas– the outdoors is a great big learning environment that the children love to explore with endless learning opportunities; whatever the weather!



Favourite story this term was 'Little Rabbit Foo Foo', a fun poem by the author Michael Rosen. Simple verses that engage the children and capture their interest; by the end of the term they were retelling the story to us.

'Where's my Teddy' by Jez Alborough is a great stocking filler for all ages, and 'The Gingerbread Man' got us cooking.



**Little Acorns Stogursey Preschool**  
 Where learning takes place in a safe, caring and stimulating environment.  
**SPACES AVAILABLE**  
 01278 732389  
 preschool316@educ.somerset.gov.uk



**Merry Christmas From Little Acorns**

## WELCOME BACK SLINKY BUS!

Last month's Stogursey News carried an application form to register for this service. Some of us are using it already.

**Please note this change: we can use Slinky, even if we have use of a vehicle.**

Here is some information about the Slinky service.

### FREQUENTLY ASKED QUESTIONS

#### **When does it serve Stogursey?**

On Wednesdays from 9.45am to early afternoon.

#### **Where will it take me?**

To Bridgwater or Cannington.

#### **Where do I catch it?**

It's a door to door service. It picks you up from home, drops you off and collects you.

#### **Does it have disabled access?**

Yes it does.

#### **Is it free to register?**

Yes it is.

#### **What is the fare?**

£3.50 single or £1.80 with a National Bus Pass or County Ticket Bus Pass.  
£5 return or £2.50 with above Passes (Make sure your Bus Pass is up to date.)

#### **What about children's fares?**

Under 15s half the full fare. Children under 2 travel free. Please contact Slinky to find out more about seating arrangements for small children and babies.

#### **Can my child go to school or college on it?**

Sorry no. It is not available for the school/college run.

#### **Does it operate during Lockdown?**

Yes it does.

#### **What COVID-19 rules are there?**

The passenger limit is 7. In normal times it is 12. You must wear a mask unless you have an exemption. You must not travel if you feel unwell.

#### **How do I book a trip?**

Once Slinky Bus has confirmed your registration you can phone the booking office on 01749 880948 between 9am and 4pm.

#### **How much notice of a booking must I give?**

You can book 2 weeks and up to 48 hours ahead.

#### **What if I need to cancel?**

Please give at least 24 hours notice of a cancellation.

#### **How do I pay?**

You pay the driver.

#### **How can I get another registration form?**

Phone the Slinky number or download one from the website below. You will also be able to collect one from Stogursey Post Office

#### **Where do I send the form?**

Mendip Community Transport, MCT House Unit 10a, Quarry Way Business Park, Waterlip, Shepton Mallet BA4 4RN.

If you have further questions please phone Slinky **01749 880948** or check the website:

**[www.mendipcommunitytransport.co.uk/slinky](http://www.mendipcommunitytransport.co.uk/slinky)**

Happy Slinky travel!

## Nottingham Knockers

*a message from Avon and Somerset Police*

There have been recent reports of "Nottingham Knockers" operating in several Sedgemoor areas. These are cold callers who usually tell residents that they are ex-offenders trying to go straight, then try and sell poor quality and over-priced cleaning products, they may also offer services such as roof repairs, driveway repairs and cleaning. The police want to remind residents they are under no obligation to answer the door to anyone they don't know or aren't expecting. If you do talk to them, they are supposed to be able to provide a valid Pedlar's Certificate and should leave your property when asked.

Remember with the current ongoing Covid-19 pandemic, you cannot guarantee a safe distance or cleanliness of any purchases made.





## Points from the Parish Council November 2020

### Castle Street Flood Alleviation Scheme

The Parish Council have agreed to engage a contractor to cut back vegetation and to clear debris and silt from a section of the watercourse and the overflow pond to assist in moving water safely through the area. They continue to seek the support of riparian owners throughout the parish in clearing their waterways.

### Public Space Protection Order

There have been several incidents over recent months of anti-social behaviour reported to the Parish Council. Whilst we have asked in the short term for more Police patrols to reassure those affected, the Parish Council agreed to seek a Public Space protection Order from the District Council to help minimise future incidents as such orders can give enhanced enforcement powers to the Police. If agreed it could apply throughout the parish in all public spaces.

### Planning Matters

The Parish Council have been informed that the appeal against the refused planning application for 70 houses on land off Shurton Road, Stogursey is to be held in Bristol in early February 2021.

### Covid-19

Anyone who feels they have Covid-19 symptoms can now book a test at Bridgwater Town Hall by calling 119 or via the [www.nhs.uk/coronavirus](http://www.nhs.uk/coronavirus) website.

Support for all Somerset residents is available via a one stop phone call on 0300 790 6275

### Somerset Climate Emergency Community Fund

The County Council has established a fund for bids from Parish and Town Councils. Qualifying projects will include those to reduce carbon emissions, reduce consumption and to implement activities around climate change mitigation and adaptation. The Parish Council have received a presentation on a West Somerset wide community car scheme using electric powered converted vehicles and are considering how best an application may be made to the fund for support for local initiatives.

### The Gravel, Stogursey

The Parish Council are considering enhancements that could be made to the area. They hope that by the time Stogursey News is published the power socket for the Christmas lights, damaged earlier in the year by a stolen vehicle, will be repaired and that the Christmas lights will hopefully be glowing into the New Year.

### The next Parish Council meeting will be on Tuesday 8<sup>th</sup> December 2020

The next Parish Council meeting will be on the Zoom platform again. Members of the public are invited to attend and should contact the Clerk for details. The agenda and draft minutes from the previous meeting will be displayed on the parish website [www.stogursey-online.uk](http://www.stogursey-online.uk) 3 days before the meeting and the parish noticeboards.

I look forward to hearing from you on any issues you wish to discuss.

My phone number is 01278 652534 or you can e-mail me at [stogurseyccclerk@gmail.com](mailto:stogurseyccclerk@gmail.com)

### Merry Christmas and a Happy New Year

*Richard Wand*, Clerk to Stogursey Parish Council

With the assistance of the Parish Council, the SCN has applied for a Grant to provide some festive cheer to some of our local residents. We await the result.



## Bereavement support

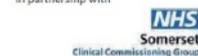
The Somerset Bereavement Support Service is here if you've been bereaved and need emotional support or someone to talk to.



Call 0800 304 7412

9am to 5pm, Monday to Saturday.

In partnership with



## News from the Quantock Medical Centre

I'm sorry we cannot share any Christmas exciting activities with you this month, and our Social Prescribing Groups (Walking, Singing, Art etc) have come to a standstill with Covid this year. I just wanted to share a few things with you this month to help things run as smoothly as possible.

**Dispensary collection times are Monday to Fri 10am – 12 noon, and 4pm – 6pm.** This is a great help as it reduces regular interruptions to the Dispensary team and they are able to process medications and complete their orders safely. If you really are unable to pick up during these times, you need to call and let Dispensary know so that they can make alternative arrangements. We have a great team of volunteers delivering to house-bound patients around Stogursey, Shurton, Burton, Holford and Kilve and of course Nether Stowey - thank you.

**Seasonal Flu Vaccinations** : if you are aged over 65 years, or you are under 65 years old with a medical condition, you are entitled to a free seasonal flu vaccination. If you fall into either of these groups please phone the Surgery on 732696 to check and book an appointment.

If you feel unwell and call the GP or NHS111, they may ask you if you have a blood pressure monitor at home. This is a really useful piece of medical equipment you can buy (approx. £30) and keep in your home to use, as well as a pulse oxygen monitor (pulse oximeter approx. £20). This is particularly helpful if you are concerned about leaving your home, and reducing your risk of picking up a virus.

There is a good website : [www.germdefence.org](http://www.germdefence.org) which has evidence-based and easy-to-understand information on reducing the spread of Covid in your day-to-day choices and way of living.

If you are **self-isolating or need extra support**, contact:

- **Somerset Coronavirus helpline** on **0300 790 6275** to be put in touch with local groups who can help with fetching shopping, medication and other essentials supplies, as well as other mutual aid. The helpline is open 7 days a week between 8am and 6pm.

Some other useful helplines are:

- **The Somerset Mindline** is open 24 hours a day for mental health and emotional wellbeing support – **01823 276 892**.
- **Samaritans** 24 hour support line 116 123

- **Papyrus** If you are concerned about a young person who may have suicidal thoughts 0800 068 4141
- **Campaign Against Living Miserably (CALM)** Offering support to males of any age 0800 58 58 58

**Covid Vaccinations** At the time of writing this, the plans for vaccinating communities have not been confirmed. However we will be expected to work with the Bridgwater Practices in the first instance, and patients will be expected to travel to a vaccination centre in Bridgwater or Taunton. Patients are likely to be vaccinated in age groups of higher risk first. You will receive a letter from Central Government when the plans have been agreed, and we will communicate with patients as soon as we are able to, and try to work with NHS to make sure our population's health needs are met throughout this campaign.

*Helen Stacey Practice Manager*



### Donate your Winter Fuel Payment so Somerset's elderly don't have to choose between heating and eating

As we head into winter hundreds of our older neighbours here in Somerset are forced to choose between heating and eating. The coronavirus outbreak means that, for many older and vulnerable people, this winter will be even more difficult and worrying. Many will need to stay at home to keep themselves safe, and will find themselves cut off from family and friends, facing higher costs to heat their homes.

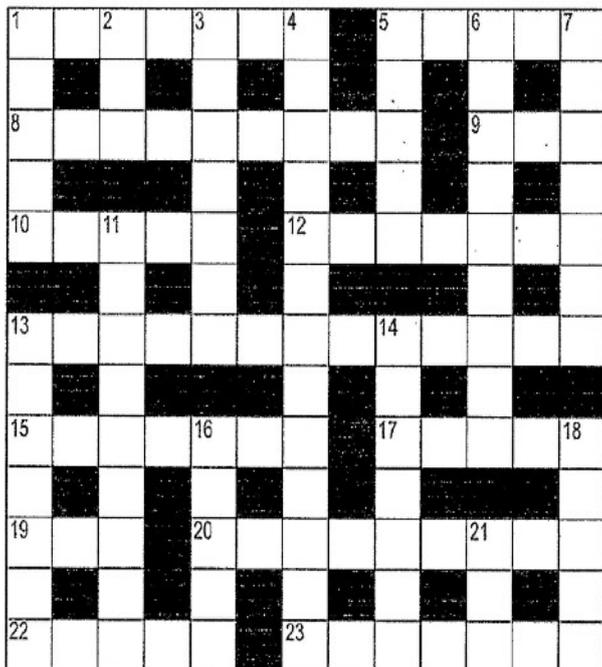
Somerset Community Foundation's Surviving Winter appeal encourages people who don't need their Winter Fuel Payment to donate some or all of it to help local older people who are unable to afford to heat their homes, helping them stay warm, safe and well.

Somerset Community Foundation (SCF) is taking part in The Big Give, and **online** donations to the appeal that are made **during the week-long Big Give Christmas Challenge - midday Tuesday 1 December to midday Tuesday 8 December - will be doubled**. So, not only will **your donation be worth twice as much**, but even more older and isolated people across the county will get the support they need this winter.

If you would like to donate to Surviving Winter, visit [www.somersetcf.org.uk/winter](http://www.somersetcf.org.uk/winter) or call SCF on: 01749 344949.

## Quick Crossword No.7

compiled by Helen Cuttell



### CLUES ACROSS

1. Cornish fishing port (7)
5. Santa brings these at Christmas (5)
8. Type of motor home (9)
9. 80's pop band (3)
10. Humorous imitation (5)
12. Big cat (7)
13. Small mammal with long snout (8,5)
15. Piece of rubber behind wheel of vehicle (7)
17. Award for bravery or merit (5)
19. Tree bearing acorns (3)
20. You may find these in cake or bread (9)
22. Tree nymph (5)
23. Emit heat (7)

### CLUES DOWN

1. Chess pieces (5)
2. Lair of a wild animal (3)
3. ----- Night, a play by Shakespeare (7)
4. You might use this before Christmas (6, 7)
5. Became larger (5)
6. Joined tongue and groove in carpentry (9)
7. This could be hedge or house (7)
11. Yes! (4-5)
13. Material used to make furniture (7)
14. Breed of dog from Siberia (7)
16. Walked with a long, bounding stride (5)
18. For serving soup (5)
21. Long period of history (3)



## MACULAR SOCIETY EXMOOR SUPPORT GROUP

The Macular Society has given millions of pounds from our membership fees, donations and legacies to support research into 'beating Macular Degenerations'. The main universities involved are: Southampton, Moorfield in London and Birmingham University. Though it will take some time till these efforts will come to fruition and become available to MD patients, first research and test results sound promising. Let me tell you about some of them:

- Work is going on to create a cell culture for each patient. The patient's skin cells are used as they are the closest to the cells of the macula (the central part of the retina). There is security that the patient's own cells will not be rejected.
- Once the skin cells have multiplied, they will be injected into the macula, where they are expected to continue to multiply and restore the patient's vision. This research project is at stage 3 (the last stage) of rigorous testing with thousands of sufferers. We all hope that this research project will be available within 3 to 5 years, once all tests have been concluded and funding has been approved by NICE, the Government's arm of the NHS.
- Scientists are researching the possibility of correcting the genetic predisposition of sufferers of MD, which is hereditary. The researchers are seeking to eliminate the MD defective gene and replace it with a healthy one. This treatment, it is hoped, will be available in ca. 10 years.
- For the near future, Bristol University are developing a Smart Phone App for patients, who have to go into hospital to find out whether they need another Lucentis injection in order to stop bleeding into the macula. This is time-consuming for patients and ophthalmologist and clogs up hospital waiting rooms. This new App, once approved and downloaded on your Smart phone, will take a picture of the back of your eye and will send it to your ophthalmologist who will read it and let you know whether indeed you need another injection.

There is much hope and excitement about all this ingenious research work. For now at least, we can count on the help, advice and support of the Macular Society and their Support Groups, to cope with the condition.

We have every reason to be optimistic knowing that so many people are working on our behalf.

Royce and I wish you a happy Christmas, and, if you need advice or simply a chat, feel free to ring us any time.

With all best wishes,  
Marion and Royce Lindsey-Noble  
Tel: 01398 371 450



## Contacts and Parish Information

### Parish Councillors:

Chris Morgan (Chair) 01278 734887 or 07966-697460

[cmorgan195@icloud.com](mailto:cmorgan195@icloud.com)

Sue Goss (vice-Chair)

Judy Bastick, Rebecca Calvert, Eileen Chave, Chris Ford, Susan E Jones, Steve O'Driscoll, Jenny Ody, Helga Staddon

Clerk: *Richard Wand* 01278 652534

**Meetings:** monthly date & venue as published

7.15 - 7.30 Public Forum - for parishioners to attend & ask questions,

from 7.30 pm Councillors' meeting - parishioners may attend and listen. **Read Parish Council notes within for details of how to join the Parish Council's video-meeting.**

### West Somerset & Ward Councillors:

Chris Morgan [cllr.c.morgan@somersetwestandtaunton.gov.uk](mailto:cllr.c.morgan@somersetwestandtaunton.gov.uk)

### Site Stakeholders Group Representatives:

Sue Goss, Chris Morgan

### Somerset County Council

All services 0300 123 2224

### Parish Neighbourhood Welcome Pack

Burton & Knighton: Sue Goss 733405

Wick & Stolford: Susan E Jones 652287

Stogursey & Shurton: Chris Morgan 734887

### EdF Main Site Neighbourhood Forum

#### Representatives for the Hamlets:

##### Burton and Knighton

Mike Laver [m\\_laver@btinternet.com](mailto:m_laver@btinternet.com) 732069

Sue Jones [suekibjones@yahoo.co.uk](mailto:suekibjones@yahoo.co.uk) 732275

##### Shurton

Richard Cuttell [cuttellrichard@gmail.com](mailto:cuttellrichard@gmail.com) 734818

##### Stolford:

Susan E Jones [suejones279@btinternet.com](mailto:suejones279@btinternet.com) 652287

##### Wick:

Dick Blomfield. [richie.blomfield@btinternet.com](mailto:richie.blomfield@btinternet.com) 653302

Parish Council Member: Chris Ford

West Som District & Ward Councillor: Sue Goss

### EdF Contacts:

#### Hinkley Point C Drop-Ins /Main Site Forums

**Main Site forums currently being held on-line - see Immy's Update for details**

#### HPC Hotline

for enquiries or complaints 0333 009 7070

### Community Venues

Victory Hall & Youth Club - Allan Searle 732820

Church Rooms - Belinda Crowther 734695

St. Peter's Church Stolford - Susan E Jones 652287

### Stogursey Community Network (SCN)

Facebook page: [www.facebook.com/StogurseyCSN](https://www.facebook.com/StogurseyCSN)

Phone: 01278 732149.

Medical Transport/voluntary driver: 07485 350560

### Health Centres

Cannington 01278 652335

Quantock (Nether Stowey) 01278 732696

Out-of-hours (for both centres) 111

**The surgeries held in the Church Rooms and St Audries Centre in Stogursey are temporarily cancelled.**

### ♥ Defibrillators - 2 in the parish:

♥ - on the wall outside Stogursey Motors, Stogursey

♥ - side entrance of Babbling Brook Inn, Shurton

### Mobile Library: Route G

The library visits on Thursdays - **every 4 weeks**

#### Shurton

Babbling Brook 12.15 pm - 12.45 pm

#### Stogursey

Greyhound Inn 1.25 pm - 2.20 pm

Town Close (No 30) 2.25 pm - 3.00 pm

#### Next Visiting Date:

**3 December 2020**

For more information, contact Libraries Direct by

Telephone 0300 123224, or

Email at [www.somerset.gov.uk/libraries](http://www.somerset.gov.uk/libraries)

### POLICE

**Non-Emergencies- Call 101      Emergencies - Call 999**

#### Community Policing & Speed Watch Volunteers

Jamie Munro PC 4376 Neighbourhood Beat Manager

Williton & Watchet (AW052). Mobile: 07889 659436

Email: [jamie.munro@avonandsomerset.police.uk](mailto:jamie.munro@avonandsomerset.police.uk)

### Anti-Social Behaviour (ASB)

If you see any ASB or criminal damage incidents happening in public spaces, **phone the Police on 101.**

If you are disturbed by out-of-hours noise problems or ASB relating to businesses, **phone 01823 351411.**

Give as much information, including names, as you possibly can. The more complaints received, the more justification to allocate staff to deal with problems.

*Make phone calls at the time of the disturbance.*

*Complainants' names are not released to the perpetrators.*

## THE OLD VICARAGE STOCKLAND

A Care Home of Elegance & Distinction  
The only retirement home in the Parish

Individual Rooms  
and  
Self Contained Bungalows

Delicious Home Cooked Food

Regular Church Services  
For a Brochure & Full Details  
**Tel: 01278 652 352**



Ladies, Gents & Children  
Modern & Friendly Environment  
Gift Vouchers Available  
Full Disabled Access

**East Street Cannington  
TA5 2HJ Tel: 01278-651251**

[www.browns-hairandbeauty.co.uk](http://www.browns-hairandbeauty.co.uk)

## The Babbling Brook at Shurton

Traditional Country Pub



Ensuite Accommodation.  
Real Ales & Great Food

[www.thebabblingbrookinn.co.uk](http://www.thebabblingbrookinn.co.uk)  
Tel: 01278 732695  
[babblingbrook.inn@gmail.com](mailto:babblingbrook.inn@gmail.com)

**Free Quotations**

**Robin Parker** ND arb  
**TREE SERVICES**

All aspects of tree work undertaken including:  
**Felling, Dismantling, Pruning** ●  
(reductions, thinning, crown lifting etc)  
**Woodland maintenance** ●  
**Garden maintenance** ●  
**Hedge trimming** ●

City & Guilds Qualified

Friendly, reliable, fully qualified and insured

07582 596030 | [robinparkertreeservices@gmail.com](mailto:robinparkertreeservices@gmail.com)

**0 1 9 8 4 5 6 8 0 4 7**

**JOHN FOSTER**  
**Home & Farm Services**  
Gardening Grass Cutting  
Gravel Laying  
Stock Fencing Turf Laying  
House Painting  
Fences/Sheds Concreting  
Hedge Layering  
If we can do it – We will

**Tel: 01278 732 342**

## BURTON SPRINGS FISHERY

Mixed Carp, Coarse and Fly fishery  
based in the hamlet of Burton,  
catering for all abilities.  
Open all year round.  
Bait, tackle and food all sold on site.

Contact: 01278 732135  
or 07838 152968



[www.burtonspringsfishery.co.uk](http://www.burtonspringsfishery.co.uk)  
[burtonsprings@yahoo.co.uk](mailto:burtonsprings@yahoo.co.uk)

## DENISE STONEHAM Life Enhancing Therapies

Clinical Hypnotherapy  
Reflexology  
Reiki, EFT

Past Life Regression  
Nutritional Therapy

**4 High Street Stogursey**

**Tel: 01278 732 127**

[denisestoneham.bravesites.com](http://denisestoneham.bravesites.com)  
[Facebook.com/negativeenergyrelease](https://www.facebook.com/negativeenergyrelease)

## M H Kelloway VACUUM CHIMNEY SWEEP

Specialist in  
Wood-burning stoves,  
Agas and Rayburns

All serviced and repaired  
Also Woodburners installed

"Distance No Object"

01278 741572

Glen Close, Main Road, Holford

## THE CORNER SHOP 9 HIGH STREET STOGURSEY

Newspapers & Magazines  
GROCERIES

Fresh Fruit & Vegetables  
OFF LICENCE

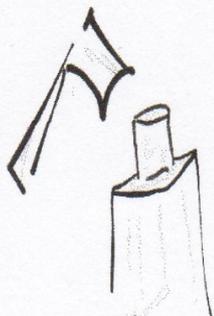
Phone Top Ups

Credit & Debit Cards Accepted  
Open 6am – 8pm Every Day  
Including Sunday

Tel: 01278 733 247

## Quality hardwood

### LOGS FOR SALE



Call Kelvin:  
**07773959614**

If no answer, please leave a  
message!

## Kelvin Henson Painter & Decorator

**INTERNAL and EXTERNAL**  
Old, New & Period Premises

**35 Years Experience**  
**Free Estimates**

**Tel: 01278 732 727**  
**Mob: 07817 641 645**

## Pet Friends Dog Walking & Petcare Services

\*Dog Walking  
\*Pet Taxi \*Pet Sitting  
\*121 Dog Training  
\*Puppy/Cat Visits  
\*Dog Micro Chipping  
\*Small Holding Visits  
\*Small Animal Boarding

Fully Insured & DBS Checked  
Member of Pet Industry Federation  
National Register of Pet Sitters

**Tel: 01278 651395 / 07827 019023**  
**dickson23@talktalk.net**  
**www.petfriends.mx**

## Quantock Hills Dog Walking

We Can When You Can't  
07832 116825  
For All Your Dog Walking Needs

An affordable service covering the Quantock Hills & Bridgwater Bay area of West Somerset

Visit our website:  
[Quantockhillsdogwalking.co.uk](http://Quantockhillsdogwalking.co.uk)



## STOLFORD FISH

PRAWNS, FISH, SHRIMPS

THE MUD HORSE

YOUR LOCAL FISHERMAN

Tel: 01278 652 297

LHB SERVICING  
Lawton Brooks

Servicing & maintenance of  
AGA, Rayburn & Boilers  
Oil, Gas & Solid Fuel  
CORGI & OFTEC registered



Tel: 01278 653 641



Qualified Florist

creating beautiful and unique designs  
Weddings - Funerals - Events

Contact Jo Logan  
Tel: 01278 733369  
Mob: 07890 103912

email [jo.logan@hotmail.com](mailto:jo.logan@hotmail.com)  
[www.wildaboutblooms.co.uk](http://www.wildaboutblooms.co.uk)  
Find me on Facebook, Twitter  
and instagram @wildaboutblooms

## Brooks House Therapies

Holistic Sports  
Remedial Treatment  
Including Acupuncture

Specialising in  
Back & Neck Problems

Call Amanda  
Tel: 01278 733 714  
Mob: 07812 8446 352



## John the Handyman

Free Estimates &  
No Callout Fee

All the jobs you don't have time for

01278 652270 or 455314  
07801 482828  
07966 200875

## Stockland Lovell Manor

Equestrian Training & Competition Centre



Coultings, Bridgwater  
Somerset TA5 1JJ  
Tel: 01278 652224

Fax: 01278 653501  
[info@stocklandlovell.com](mailto:info@stocklandlovell.com)

Conference and Function room  
available for business, birthday and  
family parties for up to 50 people  
catering or non-catering & on-site  
affordable accommodation.

Please ring for more information.

## MARK.A.STACEY GENERAL BUILDER

Long Acre  
Burton, Stogursey  
TA5 1QB

T: 01278 733 356  
M: 07966 248 699

[markstacey77@googlemail.com](mailto:markstacey77@googlemail.com)

## DAVE DATE

PAINTER & DECORATOR

INTERIOR and EXTERIOR

All Types of Tiling

Any other work  
Considered

Tel: 01278 741 356

**SPAR**

Deborah, Allen and your local Spar team  
welcome you to:

## Stogursey Spar and Post Office

If the shop is open the Post Office is open

Mon-Fri 7am - 9pm  
Sat 8am - 8pm  
Sun 8am - 2pm

01278 732304



[Stogursey Spar and Post Office](https://www.facebook.com/StogurseySparandPostOffice)

## Phil Griggs Funeral Celebrant

Working with you to create  
the best possible goodbye.  
Other ceremonies offered.

Please look at my website:  
[philgriggscelebrant.co.uk](http://philgriggscelebrant.co.uk)

01278 733377  
07976880625

## MARTIN WHEELER Plumbing & Heating Engineer

BOILER SERVICING  
Gas Oil LPG Solid Fuel

All Plumbing &  
Heating Work Undertaken

Tel: 01278428 174  
Mob: 07907 956 543

## PETER GAMBIER

HISTORICAL BUILDING  
RENOVATIONS & REPAIRS

LIME RENDER  
& PLASTER WORK

STONE REPAIRS & CARVING

01278 732420

07936 502358

[peter.gambier@yahoo.com](mailto:peter.gambier@yahoo.com)

## STOGURSEY MOTORS

G & C Brockis

M.O.T. Tests

Repairs & Servicing

Car Spares &

Accessories

Electronic Tuning

**TYRE STOCKIST**

**Tel: 732 237**

## ALAN MANCHIP

NICEIC Approved

**Electrical Contractor**

Registered Domestic Installer  
Refrigeration & Air Conditioning

Domestic – Commercial

Industrial – Agricultural

24 Hour emergency call out

Tel: 01278 733 536

Mob: 07773 367 682

[office@alanmanchip.co.uk](mailto:office@alanmanchip.co.uk)

## Grandfield & Son

Keenthorne Nether Stowey

**Independent Family**

**Funeral Directors**

**Tel: 01278 732 219**

Also

Timber, Joinery & DIY

Hard & Softwoods

Treated Timber, Fencing

Decking, Glass, Sheet Materials

Hardware, Tools & Much More

## CHRIS'S TAXIS

7 Seats

Wheel Chair Access

24/7 Booking Service

All Occasions Anywhere

**07980 530 552**

**Need To Get There ?**

**Then Call Anytime**

## BRIDGE COTTAGE BUILDERS

SPECIALISING IN PERIOD BUILDINGS,  
NEW BUILD, STONEMWORK, EXTENSIONS  
AND ROOF WORKS

Tel: 01278 733369

Mob: 07966 790336



[jo.logan@hotmail.com](mailto:jo.logan@hotmail.com)

"DOING A PROPER JOB SINCE 1982"

## Chris Flay Plumbing & Heating

Boiler Servicing & Maintenance

Rayburn – AGA

Oil Tank Replacement

Gas Oil & Solid Fuel Installation

**24 Hour Service**

**Tel: 01278 732 732**

M DINHAM & SON

THE COAL YARD

NETHER STOWEY

Solid Fuel Merchants

Pre-Pack Specialists

Cash & Carry

Tel:

**07884 426033 (Mob)**

**01278 732 255 (Home)**



## The Mill

HEALTH & FITNESS SUITE

GYM \* SAUNAS \* SWIMMING POOL

STUDIO CLASSES \* AQUA AEROBICS

CHILD SWIM LESSONS

Tel: 01278 734893

[www.themillfitnesssuite.co.uk](http://www.themillfitnesssuite.co.uk)

## CHIROPODIST

**Grace Brown**

M Inst CHP HCPC Reg Ch23926

**FREE CONSULTATIONS**

Nail Cutting & Filing

Hard Skin & Thickened Nails

Corn & Callous Removal

Treatment of Ingrowing Toe Nails

Advice on Diabetic Foot Care

**Full Disabled Access**

East Street Cannington TA5 2HJ

**01278-651251**

[www.browns-hairandbeauty.co.uk](http://www.browns-hairandbeauty.co.uk)

## Ben Horrobin Artisan Blacksmith

Bespoke metal work  
for the home and garden  
made in West Somerset.

01984 656297

Mobile 07443618732

[www.benhorrobin.co.uk](http://www.benhorrobin.co.uk)



## Greyhound Inn

1, Lime Street Stogursey.

01278 732490

Evening Meals & Sunday Lunches

Pool Table, Sky Sports, Skittle Alley

Open Fires Small Function Room Available

Parties, Meetings, Wakes etc.

# Immy's Update – End of Year Special



## Project Progress

Our approach to managing the challenges of Covid-19 means we've been able to continue making good progress on the Project in 2020. In the following slides you can see how each of the primary areas on site has changed since the beginning of the year. Don't forget to keep an eye out for our end of year film that will be released in December. It will feature some incredible new drone footage of site and be available to watch on our website. You can also read the latest edition of **Plugged in**, our community magazine, on our [website](#).

---

## Covid-19 Update

Against the backdrop of a further national lockdown, we recently introduced extra measures on-site to keep the workforce and community safe.

Our testing regime and track and trace system is in place to identify cases early and to break the chain of infection. We are increasing our testing capability so that we can test workers returning from high risk areas. They will be able to get a test, and their result, without the need to leave their car. Anyone who gets a positive test result will be supported to safely transfer to self-isolation in line with the current Government advice. We are also thinking ahead and planning for the return to work in January.

Personal behaviours on and off site are of paramount importance and this is a key focus of our communication with employees. Our new team of "Covid Champions" are now at work, helping to reinforce safe behaviours. As we all know, asymptomatic carriers may not realise that they carry the infection. That is why we have also introduced random testing as an extra part of our testing regime.

---

As another year comes to an end, we want to thank you all for your continued support through not only the good times but also the challenging ones. It's certainly not going to be a year any of us are going to forget quickly (even if we may want to!).

Take Care,  
Immy & Andrew, Hinkley Point C Community Relations Team

# First Reactor – Nuclear Island



Early 2020



Late 2020

# Second Reactor – Nuclear Island



# First Reactor – Heat Sink



Early 2020

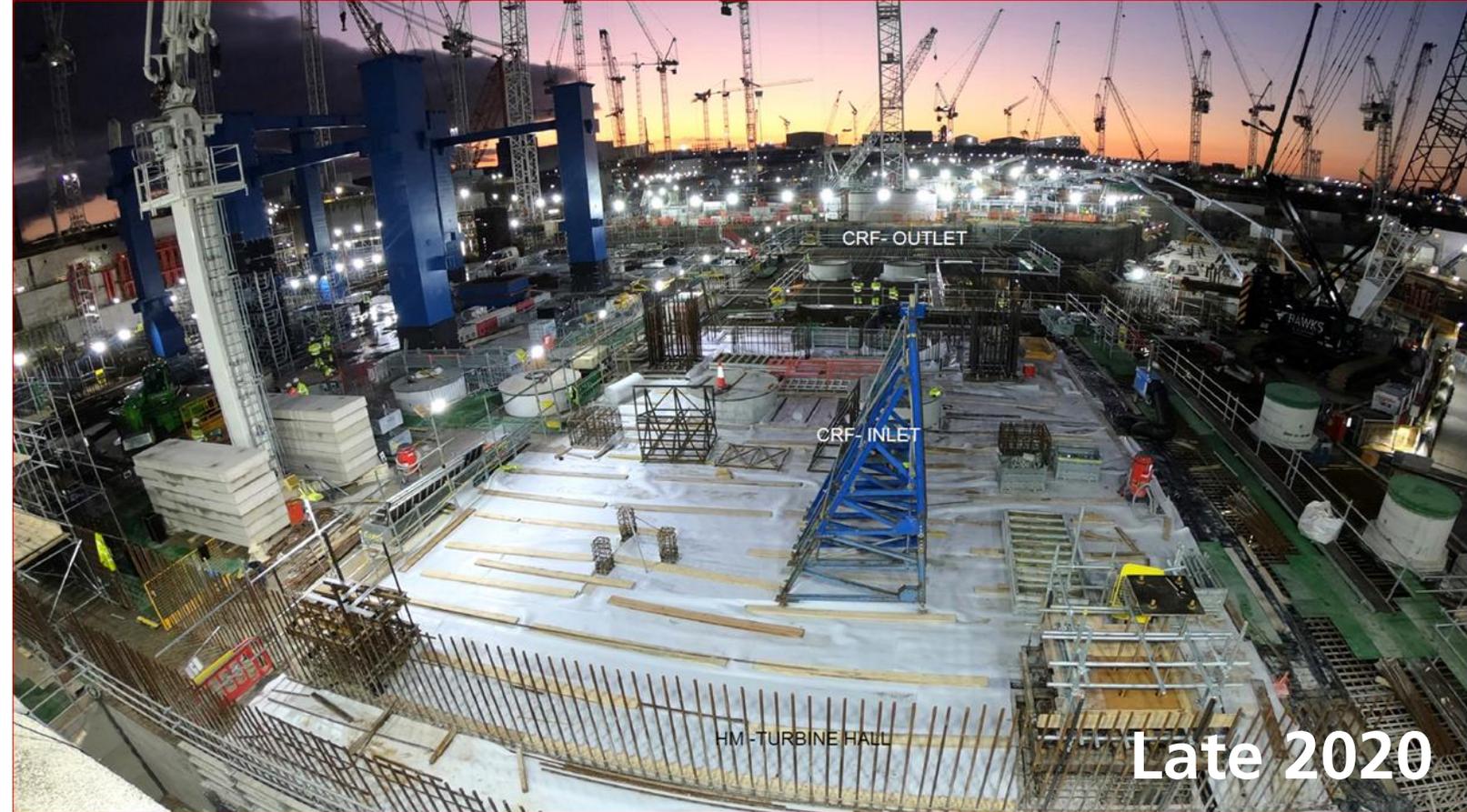


Late 2020

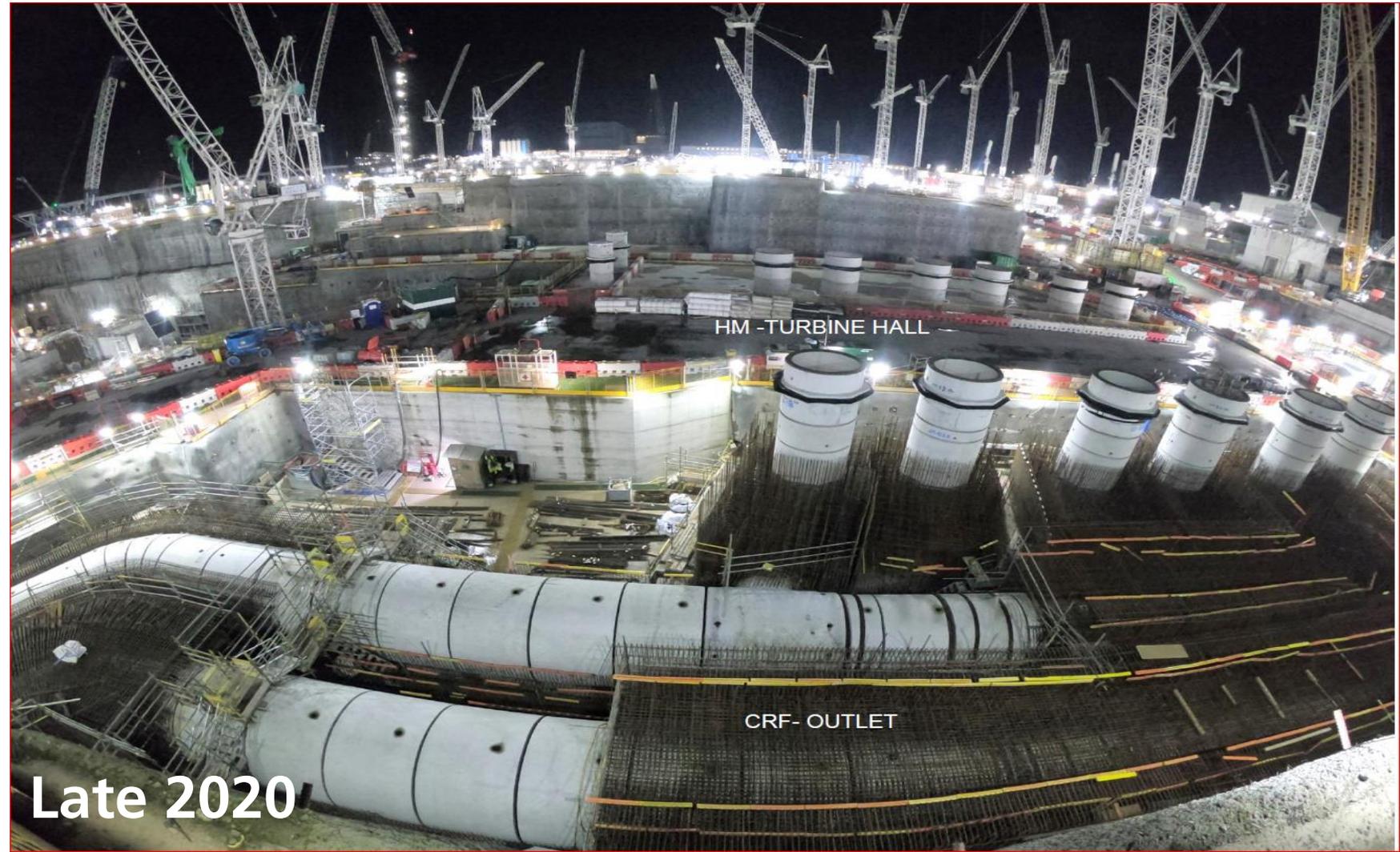
# Second Reactor – Heat Sink



# First Reactor – Conventional Island



# Second Reactor - Conventional Island



# Simulator Building





# Stogursey Community Network

*Please tear out and keep in a safe place for future reference*

As we hope you know by now, the **SCN** (Stogursey Community Network) has been set up to support everyone in our community, especially during the Covid-19 crisis but we will continue long after this has finished. New volunteers always welcome!

## **REMEMBER** We can help with:

- Share-a-Meal ~ we can deliver a home-cooked 2-course meal to your door if you are not able to cook for yourself easily and fancy a change from 'ready-meals'. Or you can recommend this for someone else. (Our diners can now make a cash donation if they like, but this is not required.)
- Requesting support from the local Food Bank, or referring someone else for this. We will collect the parcels and deliver them to you.
- Helping you with advice about Benefits you may be entitled to. Ask and we will put you in touch with the right person or agency to help.
- Collecting your prescription and delivering it to you if you are unable to get to the Surgery or the Spar/PO to collect it.
- Driving you to a medical appointment, including doctor, dentist, optician if you are unable to get there any other way. This will be under Covid-safe guidelines in a volunteer's car.

## **How to contact us**

### **Numbers to call:**

- **07485 350560** (Medical transport only)
- **01278 732149** (all other requests)

Or you can message us on our **Facebook** Page; the **StogurseyCN Facebook Page** contains lots of useful information on how to access various types of support, and you can contact us via Messenger.

## **CHRISTMAS CHEER FOR THIS YEAR!**

With the assistance of the Parish Council, the SCN has applied for another Grant! This time, to provide some festive cheer to some of our local residents. Our fingers are all crossed for success.

If you would like to recommend someone who you think would appreciate a small gift at Christmas time (this will probably be a small food hamper, and other seasonal 'treats', depending on funds/donations received), please pass their name and address, in strictest confidence, to us.

You can use Facebook messenger (see above for details) or phone us on: 01278 732149.

Also, if you would like to volunteer to deliver our Christmas parcels, or to help the SCN in any other way, do get in touch. We'd love to hear from you!

Thank you.

