

**HOME-START WEST SOMERSET**

HERE TO HELP YOU AT THIS DIFFICULT TIME IF YOU ARE A FAMILY WITH YOUNG CHILDREN UNDER SEVEN AND NEED HELP OR SUPPORT.

**WE CAN OFFER THE FOLLOWING**

EMOTIONAL SUPPORT AND FRIENDSHIP

IDEAS FOR FAMILY ACTIVITIES DURING “LOCK DOWN”

BUMP-START AND ANTENATAL SUPPORT

ONLINE ANTENATAL WORKSHOPS

FOODBANK DELIVERIES

**IF YOU WOULD LIKE MORE INFORMATION PLEASE CONTACT US VIA OUR FACEBOOK PAGE, BY EMAIL** **admin@homestart-westsomerset.org.uk**

**OR BY TELEPHONE 01643 707304 WHEN WE WILL GET BACK TO YOU AS SOON AS POSSIBLE**

